

On May 29, 2011 I was extremely fortunate to have been invited to attend a demonstration of deep trance and physical materialization mediumship by Kai Mugge and the Felix Experimental Group from Hanau, Germany. This event took place at the breathtakingly beautiful hacienda of Mr. Hans Schaer, on the island of Ibiza. Ibiza is a small island off the east coast of Spain, and is also known as “the pearl of the Mediteranian.” This hacienda, also known as “Hacienda de Bougainvilleas” is known as such as it is surrounded by an array of multicolored, strikingly beautiful bougainvillea plants, as well as Bird of Paradise plants, five foot Aloe Vera plants; orange groves and lemon trees abound. The compound is also inhabited by a large population of small lizards, known as geckos. According to Hans, the hacienda is a two hundred year old farmhouse. In my opinion, it is more like a contemporary Spanish country club, complete with swimming pool, tennis courts, and five guest cottages, all adorned in white stucco with black wrought iron gates and fencing. This most bucolic venue proved to be an idyllic respite for rest and relaxation.

On this date, twenty one people came together from Germany, Switzerland, England and the United State to witness something that very few people in the history of the human race have been fortunate enough to experience – direct physical and verbal communication with the spirit world, or with what the average person would call the ‘deceased.’

The demonstration took place in a beautifully appointed dining room, approximately forty feet long and sixteen feet wide. Most of the furniture was removed and half the room was used for the demonstration. A forty foot wooden beam hung below the ceiling from which a metal hook was connected in order to hang a light fixture. The light fixture was taken down and replaced by a chain which held another hook from which the cabinet was suspended. The chairs were placed in a semi-circle around the cabinet, affording everyone present a clear view of this two-and-a-half hour demonstration.¹

The traditional cabinet, which is customarily used in physical mediumship, consisted of a standard hula hoop with a large piece of black fabric hanging over it with a hook on top that was hung from the hook hanging from the support beam. This created a “cabinet,” just big enough for a chair for the medium to sit in. A cabinet is frequently used during these demonstrations to contain and concentrate the energy, in order for the phenomena to occur. This technique has been tried and tested over the past hundred and sixty years and has consistently been found to be most effective.

Prior to the demonstration, a full body and cavity search was performed by a licensed physician, and was found to be free of any extraneous objects. This was performed for the record and to satisfy anyone with an overly skeptical nature.

The demonstration commenced at 6 pm, beginning with an opening benediction by Jackon, the circle leader. Following this, the medium began a lengthy breathing technique, which he uses to relax and facilitate the process of being put into a deep trance state. After approximately 6–8 minutes, a voice could be heard speaking in German from within the cabinet. This was the voice of Hans Bender, the main “control” and spirit communicator of the Felix Circle. Approximately ninety percent of the time he spoke in German, and the rest of the time in English. For me, this

¹ In an attempt to keep this treatise short, I will try to touch only upon the phenomena which I can recall with clarity and which left an indelible impression upon me.

did not diminish the experience for me one iota, because what transpired throughout the sitting far exceeded my boggle threshold.

Shortly after Hans Bender stopped speaking, we were all treated to a wonderful and lengthy display of spirit lights. A rather bright ball of light emerged from the cabinet through the curtain and moved about the room gracefully and with an obvious intelligence controlling its every movement. Having sat with other physical mediums on several occasions over the past few years, this is something that I have not experienced before. After the sitting, I asked the circle leader about the lights and he indicated that on several occasions, the light landed on him and touched him, and that it was tangible. Apparently this must have been some sort of object that was brightly illuminated. It is my opinion that the speed and complexity of the movements could not have been performed through human agency.

Next, the circle leader placed an illuminated plaque, approximately one square foot in size, on the floor. Shortly after that, the plaque rose up off the floor and a hand could be seen emerging across the front of the illuminated portion of the plaque. In all, four different hands showed themselves over this plaque, all different sizes – small, medium, large, and extra large. The plaque hovered approximately 4–5 feet away from me so I could clearly see the anatomical differences in the four hands. I must add that this plaque phenomenon occurred approximately 10-12 feet (3-4 meters) from the cabinet where the medium was sitting.

Following this, we were all treated to a traditional display of flying trumpets. Two twenty-inch trumpets flew about the room from floor level to heights of approximately fifteen feet (five meters). These trumpets are really megaphones that were used in olden days to amplify the voices of the people who spoke from beyond. They are still used today for direct voice communication in most physical circles. Over the past 150 years, many objects have been tested, used, and experimented with in order to try to facilitate the communication, and this is one of the antiquated methods that still works. Again, there was obvious intelligence behind the movement of the trumpets and the speed and precision of the movements precluded the possibility of control through human agency.

The next experiment utilized a standard white handkerchief with sixteen pieces of luminous tape fastened to it – eight on each side. I was then asked if I would like to participate in the experiment by extending my arm all the way out in front of me while holding the handkerchief out, allowing it to dangle while squeezing it with my thumb and index finger. I enthusiastically agreed. I was then instructed by the circle leader to squeeze firmly and try not to allow the spirit person to take the hanky out of my hand. A few seconds later, a tug of war ensued and the spirit person emerged victoriously. Hans Bender then asked me if I would like to do it again, and without hesitation, I happily agreed. This time I was instructed to grasp the hanky a little tighter. Once again, a spirit hand emerged from the darkness and began to tug on the hanky with more force. I made it a lot harder for spirit to take possession of it this time, but in the end, spirit won once again. I must add that four times I was touched by this spirit person, twice on my knees and twice on my hands. This hand was indeed tangible. After this spirit person successfully pulled the hanky from my hand, it was held up at approximately eye level in front of Ann, the person to my right. The hanky was so well illuminated by the sixteen pieces of luminous tape that I could clearly see the hand of the spirit person holding the hanky approximately sixteen to eighteen inches from my face. It was obviously a right hand and I could clearly see the thumb and the next three fingers, minus the pinky. This is something that I have never witnessed before and was thrilled to be able to engage in this experiment with this spirit communicator, as well as seeing

the hand and being touched by it four times. This experiment took place approximately 10-12 feet from where the medium was sitting.

It is important to mention that during the course of the aforementioned experiments — the luminous plaque, the illuminated flying trumpets, the spirit lights, and the highly illuminated handkerchief — the medium's arms and legs were restrained on each side by two of the sitters. All of the phenomena also took place a significant distance from the restrained medium — at times, as much as fifteen feet (five meters) away. The medium also remained seated and entranced throughout the entire two-and-a-half hour demonstration.

After almost two hours of nonstop physical phenomena and voice communication, the circle leader turned on a bright red light and instructed the girls sitting adjacent to the cabinet to open the curtain. Everyone present could see the medium sitting in a chair, in what appeared to be a deep trance state. A short time later, we could all very clearly see copious amounts of that mysterious bodily substance known as *ectoplasm* emanating profusely from the mouth of the medium down to the floor. Hans Bender, who had control of the medium's body and vocal chords, feverishly pulled very large quantities of ectoplasm out of the medium's mouth until there was a pile of it on the floor — at least a foot high (one third of a meter). When this process of manually removing all of the ectoplasm from the mouth was completed, the curtains were closed for a few seconds. They were then instructed to open the curtains once again and now the medium was completely encased in a "cocoon" of ectoplasm — his head, torso, and all four extremities could not be seen at all. It was as if the medium was mummified. I must say that I have seen numerous photos of this type of phenomenon in books, museums, and on the internet, but seeing it live directly in front of me was tantamount to seeing the Great Wall of China, Niagara Falls, or the Maginot Line for the first time. It literally took my breath away.

The girls were then instructed to close the curtains again and a few seconds later, reopened them to reveal the medium still sitting in his chair in an apparent deep trance state, with the rather large pile of ectoplasm still sitting on the floor in front of him. Suddenly, what appeared to be an ectoplasmic rod rose up from the pile approximately three to four feet (one meter) in the air in front of the medium. At the top of this long rod was a human hand, moving about gracefully, demonstrating to everyone that it was real and alive. This most dramatic and visibly clear demonstration of materialization of a body part from ectoplasm in good red light was a fitting prelude to what was yet to come. A short time later, Hans Bender enthusiastically declared to all in attendance that "the Felix Circle will soon achieve full materialization in red light".

This proclamation nearly brought me to tears as it has been over 35 years since any physical medium or circle has achieved full materialization in red light. With today's communication technology and the internet, this would have very profound positive effects on the world as we know it.

After the demonstration was finished, a two-inch quartz crystal was left, or *apported*, by Hans Bender. This crystal was given to me and I was told by the medium that it was a gift to me from Hans Bender. This crystal was left for the further development of my circle — the Circle for Humanity, a developing physical mediumship circle in the U.S. Needless to say, I was rendered completely speechless once again.

I feel that it is imperative to add that at no time did I ever even remotely suspect any type of deception or subterfuge. Moreover, I know the medium and his circle leader personally and can

vouch for their character and integrity. Additionally, there was no fee required to attend this demonstration so the deception for profit motive can be completely eliminated.

If anyone reading this deposition has any doubts as to the authenticity of what transpires during a demonstration of physical mediumship, then it is apparent that you have not done your homework or familiarized yourself with at least the basics of physical mediumship, and therefore are not really in a position to accurately judge or criticize the true reality of this phenomenon. If anyone is truly interested, they could access a whole array of literature and research on this subject on the internet, or in book stores. Truth is available to all; however, you have to find it on your own — it will not fall into your lap. You must investigate the evidence before rendering an opinion. The “powers that be” have engaged in a massive brainwashing campaign for a very long time to promote conformity and to maintain control over the masses in order to maintain the status quo for the benefit of the few, at the expense of many. The time has come for the masses to wake up and remove the blanket of darkness and illusion and bask in the sunlight of truth and reality. The massive abundance of irrefutable, scientific evidence for survival after what we call ‘death’ is, by far, the greatest discovery in human history, and the entire world needs to know, and is entitled to know, this greatest of all truths.

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