

Viewpoint

The *NewsJournal* is available to members as a paper copy via postal service or as a PDF file via email. For members receiving the *NewsJournal* via postal service, this is the first full color issue. We hope you like it.

Because many of the paranormal pictures are difficult to make out in grayscale, we have always recommended the PDF (emailed) version of the *NewsJournal*. We include many active Internet links so that the PDF version can be used for further study, and we are okay with people forwarding it to friends and family.

The cost of color printing has come down a lot, but with that said, it is important to note that color printing costs are about four times higher. We are hoping that it is worth the increased cost for the better look. As the office and mail-room crew that writes most of the material, does the layout and stuffs the envelopes, we take a lot of pride in the quarterly *NewsJournal* and it is important to us that you see the best results.

We want you to be proud of the organization you support and anything that can help to present the organization in a professional and positive light helps that and has the potential of encouraging new members. As a publicly supported organization, annual membership dues are intended to cover the cost of its operation. No one is paid for the work, so all of your dues goes toward the operation of the Association. The increased costs will cause a short-fall in operating costs, but it is our hope that will be offset by an increase in membership.

The ATransC Point of View

The community of people interested in the paranormal is evolving. One of the points we think needs to be made is that ATransC has a unique point of view. With a survey of the different viewpoints represented by different organizations that support this community, you can see that the ATransC is amongst the few focusing on survival of

personality and transcommunication. These are the points of view we think are representative of this field of study:

Human psychology: Usually parapsychology; specifically an academic approach with emphasis on a physical-world perspective; emphasis on research; collaboration but guided by community norm.

Emergent science: Emphasis on academic approach; deliberate openness to new ideas; open to concepts of nonphysical and survived personality if they can be explained from mainstream science.

Human potential: Usually academic; open to nonphysical explanations; focus on personal growth and the human condition; supports research; education by opinion setters.

Social paranormal: Desire for scientific approach; for many,

often first experience in paranormal; strong community; emphasis on nonphysical and survived personality; no formal collaboration; education by emergent cultural norm.

Metaphysical: Study/research of phenomena related to trans-etheric influence; desire for scientific approach; community emphasizing educational and application of principles; specifically open to nonphysical and survived personality.

This is from the ATransC perspective and should not be seen as saying anything negative about the other points of view ; each has an important role to fill. The objective is to bring into focus the kind of support ATransC provides this community. It is our belief that, by understanding the differences, you can better decide what you would like to have in the organization you support.

There are two very effective steps you can take to further this work if you think this study is important. The most important is for you to become an activist and learn to talk about what you know to be true. Consider taking up more organized study and consider ways of sharing what you learn with others.

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View from the Socrates Circle

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Article Contributions: Articles that explain techniques, the concepts of transcommunication and/or provide a role model to which others can aspire are considered. The average column is 450 to 480 words—fewer with pictures. Articles should be short and to the point as they would be for a newspaper. Feature articles may be up to four columns, serialized or presented as a brief which refers to the full article which can be placed on the Association website. Announcements of member activities and reports of successes working with these phenomena with brief comments about your observations, are welcome. Email submission to atranscom@aol.com or mail to Association TransCommunication, PO Box 13111, Reno, NV 89507, USA.

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The Risen

by August Goforth

The one word that best describes the nearly indescribable process of our book's emergence into the earthly world would be "orchestrated." Imagine an orchestra: a large, organized structure that contains many individuals from many backgrounds, talents and education, striving to act as one, synchronizing to produce an intricately scripted work of love and inspiration that is both complete and imperfect; finished but not over; the same yet different with each listening. Over fifteen hundred individual intelligences of various ranges of intelligence, status, self-awareness, and time-spans have been coming together for years, even before Tim and I were born, waiting for the right conditions and people to align at the precise time to manifest the book, *The Risen – Dialogues of Love, Grief, & Survival: 21st Century Reports from the After-life Through Contemplative, Intuitive, & Physical Mediumship*.

All the countless experiences that have shaped Tim's life and mine, including the moment we met and realized we loved one another; our personal endeavors, triumphs and setbacks; Tim's illness and transition, even our ancestral lines; *everything* contributed to achieving those conditions that enabled this book to be. All this and so much more *orchestrated by Spirit*.

We are but two of the innumerable instruments of this exquisite spiritual orchestration. We have been watched over, loved, guided, nudged, encouraged, exasperated, restrained, protected and even tickled by spirit guides to prepare us for the closing chapter of our lives known as "The Earthly Days of Tim and August."

I was not, however, prepared for the next chapter, which I call "Tim Rises." Apparently *Tim* already knew it, which accounts for the cat-that-got-the-canary look I knew so well but never thought I'd see again. Yet I *did* see it again, one quiet evening while I was typing away on my computer. In the book I share about this momentous event:

It happened suddenly and vibrantly, like a silent firecracker. One moment I was typing away, oblivious to anything other than my own thoughts, and then something, a movement perhaps, caught my attention out of the corner of my eye. I automatically turned my head to glance in the direction of the bed, which was just to my right and only a few feet from me.

And there was Tim, sitting on the bed, a huge grin on his face, his legs crossed at the ankles and hands calmly folded in his lap! Startled out of my wits, I screamed. Who wouldn't? Books crashed to the floor as I sprang to my feet. In that same instant, he was gone. No "POP" or fading away. He was just suddenly *not there*. But his appearance was long enough to turn my world completely inside out, and set in

motion an adventure I never could have conceived on my own, and one that is far from over.

The spirit orchestra had sent a *very* charming prince to awaken me and get the story moving to the next level. As it was meant to, the experience catalyzed sleeping abilities within me that had been lying in wait for that very moment. I "came to" and began remembering childhood events that involved Risen spirit people actively involved in my conscious presence. I had already been having conscious numinous events in my life for many years since I was a teenager: intense, out-of-body experiences, lucid astral wanderings, fairy thievery, spirit apports, voices and lights in the darkness, and something I came to call "the gong," all of which inspired me to explore, learn, comprehend and record. Now, with the memories awakened by Tim's return, everything began to come together, and to make enough sense to realize that all those things I more or less had been treating as "typical" were adding up to the *atypical* actuality that I was some type of spirit medium.

But where had Tim been in the time he had "died" almost five years before his re-entry into my world? When Tim had learned that he had contracted HIV, he ended our relationship abruptly without explanation, and severed all ties with our friends before joining an ashram in the hills to isolate. Within two short years, his HIV progressed to AIDS. He became too ill to stay there, and was taken to his parents' home. He became deaf and blind. Ever the vain aristocrat, he was ashamed to let me see his wasted body, and so we reunited over the phone. After another year of grim struggling, Tim transitioned on a Christmas Eve. He later shared some details:

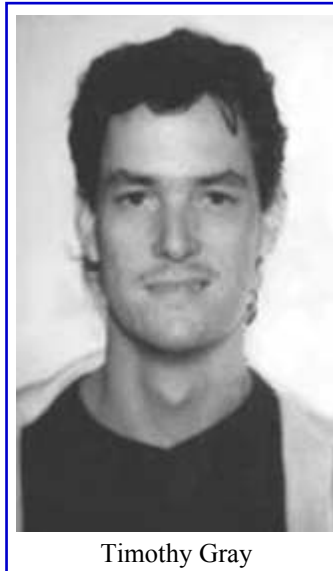
I spent a great deal of time in bed during my final days of illness on the earth. There were many spirit healers who revitalized my own spirit energy, explaining what to expect as my earth life neared its natural conclusion. It felt like I was trying to get a stubborn zipper on a coat unstuck ...

... I have no memory of the actual moment when that happened. Instead of coming in and out of drugged awareness on the earth, I was coming in and out of a deep sleep state on the Risen Side.

Tim was taken to a Risen recovery and healing center:

It was as if curtains in the room were gradually opening up a little bit at a time, letting in more and more light. When I came to, I felt totally clear-headed, rested and whole, as if I'd slept a million years and

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Timothy Gray

The Risen Continued from page 3

I could see and hear perfectly. My cat, Bigfoot, was resting beside me and gazing serenely out into the space before him. I followed his gaze and saw that an ocean was before us; the most beautiful light-filled ocean of every color of blue I'd ever seen and not seen. The waves rolling in on the surf sounded as shimmering chords of perfectly harmonious music.

Now that Tim and I could communicate intimately and directly, mind-to-mind – what might be called “interpenetrating mental-heart-speak” – our relationship reignited. I had to struggle with many things, including that this “new Tim” was not the one that still haunted my memories. “I’m not there anymore,” he’d repeat many times, “I’m *here*.” With work, I’ve come to experience what this means, to my great joy.

Tim shared that his physical appearance to me had been orchestrated by a very large “team” of people in spirit, which we call “The Risen.” They had been waiting to begin the phase where we could help them with certain experiments, designed to activate particular events to explore how our two dimensions or “geographies,” as we say, might be brought closer together. Our love energized the achievement of some astounding things, as we were instructed in sophisticated Risen psychospiritual systems, sciences, and other arts to accomplish Tim’s physical manifestation directly into my arms, and even once in broad daylight on a subway train. Several messages he left for me on my answering machine were deemed great successes, in spite of my disappointment of not hearing him “live” (no pun intended!).

Some years had passed since his transition to a Risen geography. It was during the last day of my stay at The Monroe Institute in Faber, Virginia, not long after 9/11, that Tim came to me during one of the many “altered consciousness sessions” I had been undergoing all week.

“How would you like to help us write a book?” he asked in innocent tones.

“What kind of book?”

“Oh, you know, all the tons of stuff you’ve been documenting about your experiences and our work with the Risen for so many years now... it would be interesting and we’d get to write something together.” (Tim had been a writer and editor when on the earth.)

And in my Monroe-blissed stupor, I succumbed to a prince’s charming ways with a simple “yes” with no further questions or real understanding of what I’d gotten myself into.

I also promptly forgot all about it until about a month later when I was taking a much-needed run through the woods near my home on an Indian summer’s afternoon. Tim appeared to me out of the shadows of the forest, and as we often did, teased each other a bit at first, and then he asked again.

“Anyway, what about our book? Still want to do it?”

“As long as you’re doing it with me, then yes, I do. It’s

an intriguing idea, but remind me, why are we doing it?”

“It’s time.”

“It’s time? I thought you didn’t have ‘time’ there? Typical. You spirit people can be so enigmatic.”

“We can be enigmatic, but *never* typical, Aug. You know we don’t waste words. I’m talking about ‘time’ in terms of the present. That’s all we ever have; the present. And hey, *you’re* a spirit person, too, you know.”

“Ok, Tim, I should know better than to try to ask for too many details at once, much less debate with you. So where do we begin?”

“Well, August, that’s a subject pretty much left alone for now. I’d say we’ve already begun, wouldn’t you?”

And then he was gone, and as the Risen often go, without drama, sparks, bells or whistles – *usually*. Gone, but not away; far, but not forever. *There*, but not *here*. I sighed, a mixture of serenity tinged with an unfathomable sadness, knowing that it would be some “time” before I could finally and at last be *there*, as a Risen One, fully sharing life once again with the one I want to love forever.

Almost eight years later, the book became a manifested reality. Many of the primary differences between the Risen and non-Risen are psychological, or more precisely, *psychospiritual* in nature. Our book could be seen as a kind of “psycho-spiritual-logical” primer and guide that introduces non-terrestrial, Risen thought systems and behavioral concepts about how much more a human spirit being is and can be. It carefully brings attention to and focuses on those mental and emotional aspects that are interfering with being psychologically free enough to dispense with the fear of death, to enable spiritual connections with previously hidden or unsensed realities, and to even communicate with other aware, alive, conscious beings in those realities.

Because *The Risen* is not “Mediumship 101” or “Afterlife for Dummies,” it is not unexpected that in this “Age of Instant Gratification” many readers may not have or even want the experience or skills necessary to endure the mystification, perplexity and even anxiety this challenging book may stimulate. Yet these are actually *positive* effects, and direct evidence of how the Universe mysteriously stimulates us to creatively move from inert spiritual couch potatoes to someplace else wholly different. However you decide to travel, Tim and I wish you well on your journey, and want you to rest in the knowing that you are *never* alone.

The Risen

*Dialogues of Love, Grief, & Survival:
21st Century Reports from the Afterlife
Through Contemplative, Intuitive, &
Physical Mediumship*

by

August Goforth and Timothy Gray

therisenbooks.com

2009, Tempest in a Teapot Books,
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A Report of an Experiment with The Yellow Cloud Circle

by August Goforth

[Editor: The Yellow Cloud Circle of Eternal Illumination is based out of Montcabriol France (montcabriol.com). They are a physical phenomena circle with the principle sitters being physical medium Tom Morris and his partner healing medium Kevin Lawrenson. In April and May, they demonstrated in New York City. August was able to attend the first and last séances and had thought of an experiment to conduct with colleague Melvin Morse if the entities working with the Yellow Cloud Circle agreed. This is what took place in the second sitting.]

Halfway through the sitting, I shared with John Sloane* that some colleagues of mine and I had devised an experiment where they were presently sitting in open readiness in a prepared space in their home in another U.S. state (Dr. [Melvin Morse](#) and Pauline Morse). I did not identify them by name or location, but merely asked if John could somehow make himself evidentially known to them. John replied that he would be most happy to try.... He then proposed that, within a time frame of the next ten minutes, he would try to cause some rapping noises, “at least three of them” and maybe “a few other things” at the location of our mystery sitters. It was noted that the time was approximately 7:45pm.

After the sitting was over and I was back in the car on my way home, I texted Melvin: “*Just finished. Anything happen @ 7:45pm ... noises?*”

In less than thirty seconds, he texted back: “*Banging and rapping sounds. Breezes, whistling. Shuffling. Two bangs or thuds that we thought were people hitting the house... felt the Risen’s presence throughout, older men old fashioned suits.*”

I responded: “*During séance I mentioned our sitting and asked spirit to send signs. They said they would try for window of 10 minutes and would rap at least three times on our walls and try to make other noises.*”

Melvin’s next and final text for the night: “*Direct contact so loud we had a discussion, the whole rapping phenomena as we had thought table rapping etc. was thing of the past. Two loud bangs on exterior walls of house by room we were in, but could have been more, we were not prepared for it. Let’s talk tomorrow we are exhausted, Pauline frazzled.*”

Rapturous success! Clearly, the Morse’s had not expected what had happened, and needed some time to wrap their minds around it, so we will let the matter rest for now at this point.

For a full report on the sitting from August see therisenbooks.com/Documents/Yellow%20Cloud_NYC_May_2011.pdf

*[John Campbell Sloan](#) (1869–1931) of Scotland was a remarkable direct-voice spirit medium. He was investigated and written about in great detail by the psychic researcher, writer and historian, Arthur Findlay.

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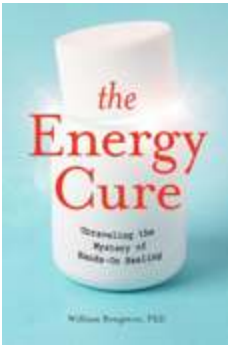
We will help in that regard. In many cases, ATransC provides the only means of publishing frontier subject material. Interestingly, because of our public outreach via the *NewsJournal* and the website, we probably reach many more people than just about any other organization in this field. The second step is to financially support the work. ATransC has a whole list of research projects just waiting for funding. There is much that can be done, but it takes involved members to make it happen. With the increased cost of producing the *NewsJournal* comes an even greater need for your financial support.

Tom and Lisa

Book Review: The Energy Cure

Unraveling the Mystery of Hands-On Healing

by William Bengston, Ph.D. Sociology



How does thought travel from here to there? Researchers speculate there is a subtle energy that may not be influenced by distance or time. This subtle energy is thought to be influenced by intentionality, and the only way it can be measured appears to be by studying its effects. So while the beneficial effects of energy healing are studied, researchers are simultaneously studying the nature of this subtle energy.

William Bengston has written an entertaining account about how he met a person who was a natural energy healer. He describes how he learned the healing craft and how he was able to develop protocols for studying healing in controlled conditions. Bengston has proven the effectiveness of his energy healing technique in ten controlled animal experiments conducted in five

university laboratories by producing cures of transplanted mammary cancer and sarcomas in experimental mice. Yes, documented full cures of deadly forms of cancer.

With our training in several forms of energy healing, we can recognize the reasonableness of Dr. Bengston's technique, research protocols and many of the conclusions he has drawn. In fact, we are deeply impressed with his objectivity, and yes, with his talent. One of the most important differences we see between commonly accepted healing protocols such as therapeutic touch or Reiki and Bengston's technique is what he calls "cycling."

In cycling, the practitioner develops a list of some twenty goals with clear imagery depicting successful attainment. For instance, we might include receiving the funding needed for a major study of transcommunication and visualize attainment of the goal by seeing us celebrate publication of a successful research report. The practitioner learns to rapidly cycle through these objectives while intending to heal – either local or distant. While the usual method is to concentrate on the healing, this method takes the healer's mind (and doubts) out of the process.

We would like to see many people read this book, work with the technique for a time and report back to ATransC in the Idea Exchange. There is no doubt energy healing can be effective. There is no doubt that we can all benefit by learning to be healers. Sounds True Publishing, 2010, ISBN-10: 9781591799115, soundstrue.com. See also: bengstonresearch.com



Access books recommended by ATransC at atransc.org/resources/books.htm.

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You can also use the online form at http://atransc.org/online_membership_form.htm

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Sustaining Members	\$100 per year	Same as above + Member name listed in NewsJournal

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I understand the Member Registry is a private list and I agree that I will not give member information to people not on the list or use it for commercial purposes or to further a personal cause. I also understand my membership will be terminated if I violate this agreement. I certify that I am at least twenty-one years of age. I understand that the ATransC is not liable for the results of EVP/ITC experiments that I might conduct, and that the Association is not liable for damages due to the use of information it publishes on the Internet or in literature such as the NewsJournal. The ATransC reserves the right to refuse membership to anyone.

Signed _____ Date _____

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